

## Anesthesia Department Meeting 2026 - 2/19/2026

### **Accreditation**

Memorial Healthcare System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### **Credit**

Memorial Healthcare System designates this live activity for a maximum of **1.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Disclosure**

In accordance with the Standards for Commercial Support issued by the Accreditation Council for Continuing Medical Education (ACCME), Memorial Healthcare System resolves all conflicts of interest to ensure CME activities are free of commercial bias.

**Contact information  
for the activity:**  
**Giselle Helo,**  
**GHELO@mhs.net**

**PRESENTER:** Charles Adamczyk, MD  
Team Health OB/GYN Hospitalist

**DATE:** February 19, 2026

**TIME:** 7:00 AM

**PLACE:** Memorial Hospital Miramar

**TARGET AUDIENCE:** Anesthesiology

### **LEARNING OBJECTIVES:**

At the conclusion of this activity participants will be able to:

- 1 Identify and address current gaps in anesthesia practice through the latest evidence-based guidelines and clinical innovations.
- 2 Improve perioperative patient outcomes by integrating updated anesthesia techniques and safety protocols.
- 3 Enhance clinical decision-making skills in managing complex anesthesia cases across diverse surgical specialties.
- 4 Demonstrate competence in emerging anesthesia technologies, such as ultrasound-guided regional blocks, automated monitoring, and AI-supported systems.
- 5 Apply strategies for patient-centered care including pain management, ERAS protocols, and communication in high-stakes settings.
- 6 Promote interdisciplinary collaboration for enhanced perioperative care and crisis resource management.

### **DISCLOSURES:**

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Charles Adamczyk, MD, Dr	Faculty	Nothing to disclose - 09/17/2025
Giselle Helo, MD	Activity Administrator, Faculty	Nothing to disclose - 05/20/2025